



MHM: Health and dignity for all

Columbia University | German WASH Network |
LSHTM | The Case for Her | The IRC |
UNICEF | USAID | WaterAid |
WASH United | WSSCC



MHM: Health and dignity for all

Agenda

16:05 Opening Remarks

16:10 Introduction

16:20 Thematic Gallery Pitches

16:30 Thematic Gallery

16:55 Panel Discussion

17:25 Closing Remarks

#ItsTimeForAction #InvestInHer



MHM: Health and dignity for all

Opening Remarks

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Åsa Andersson

Lead Policy Advisor on Health and SRHR

Sida

@Sida



MHM: Health and dignity for all

Introduction

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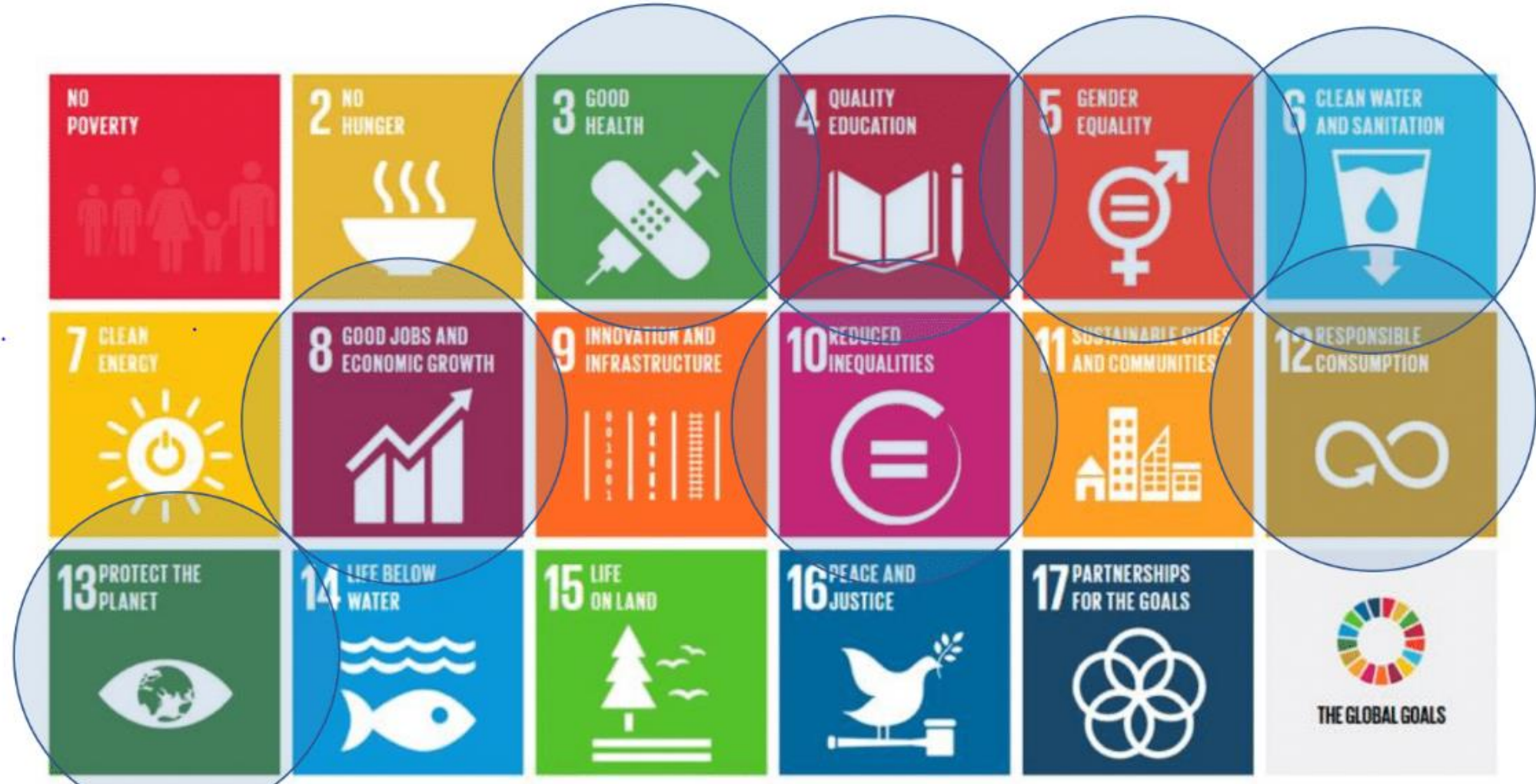
Kelly Ann Naylor

Associate Director WASH

UNICEF

[@UnicefWater](https://twitter.com/UnicefWater)

MHM: A issue of human rights across the SDGs



Growing global action

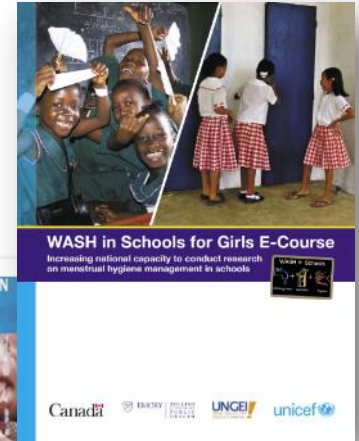
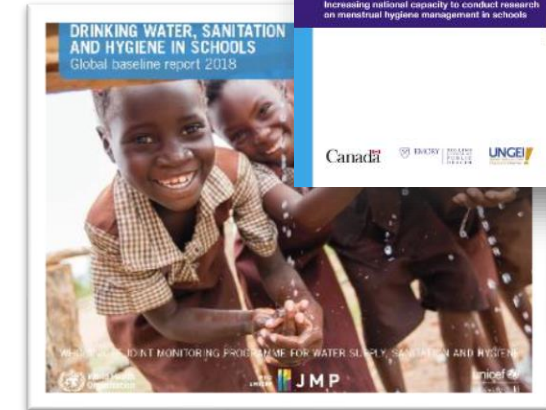


2011-2015: Launch of global sharing of best practices and expansion of research agenda in LMIC, coordination increasing, MHM recognized in the SDGs.

2005-2011: Formative research on barriers to MHM for schoolgirls and emergence of social entrepreneurs



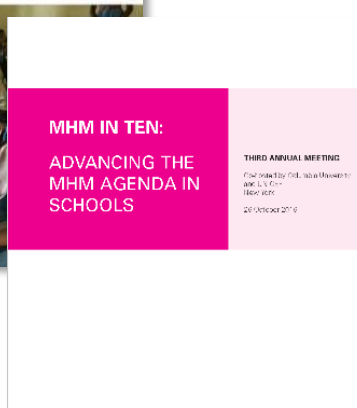
28 May
MENSTRUAL
HYGIENE DAY



2005

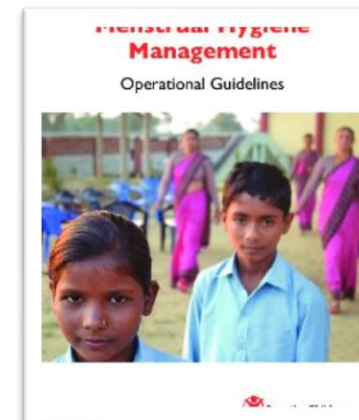


Until around 2004-2005:
Individual focused agenda on menstruation & beginning of small scale development interest



2014

2016



2018

2016-2018: Building on evidence for needs in LMICs and emergencies; increased government & UN engagement; greater coordination.

2019

How far have we come? Taking stock



Sector Policy /
Strategy



Institutional
arrangements



Sector
Financing



Capacity
development

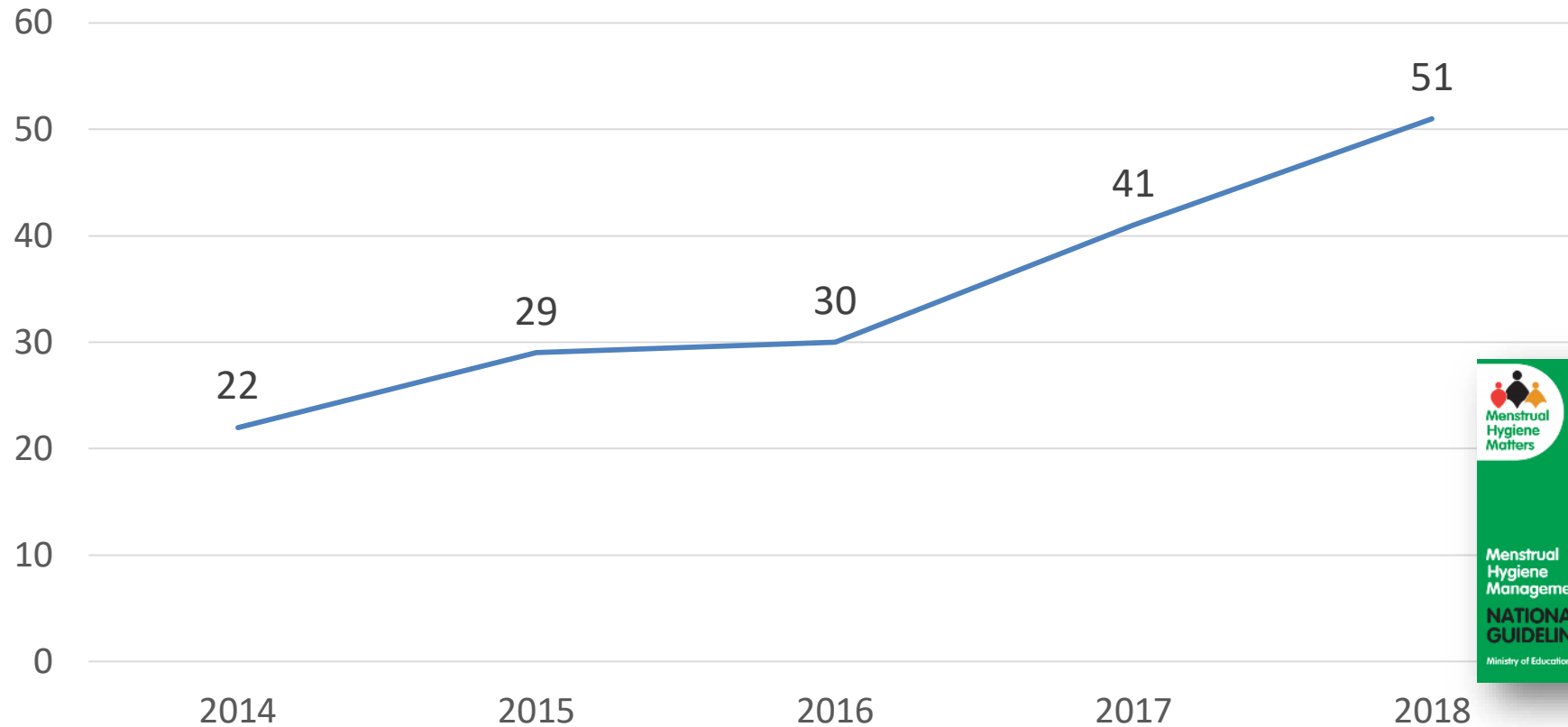


Planning,
monitoring, and
review

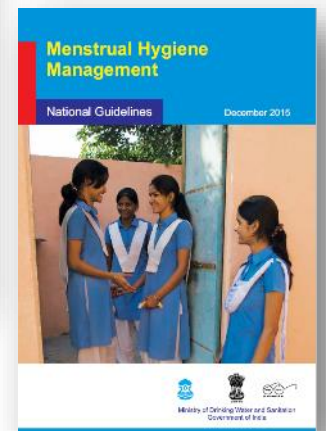
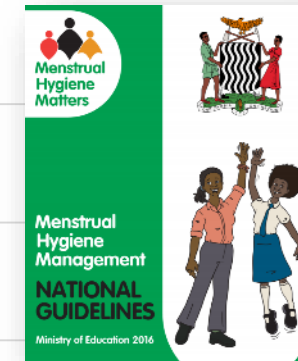


Growing inclusion of MHM in national WinS policies and strategies

Number of countries with MHM included in national WASH in Schools strategies and plans



...yet gaps remain



Source: UNICEF country office reporting, 2014-2018



Growing advocacy and political will

MH Day has encouraged global attention to MHM

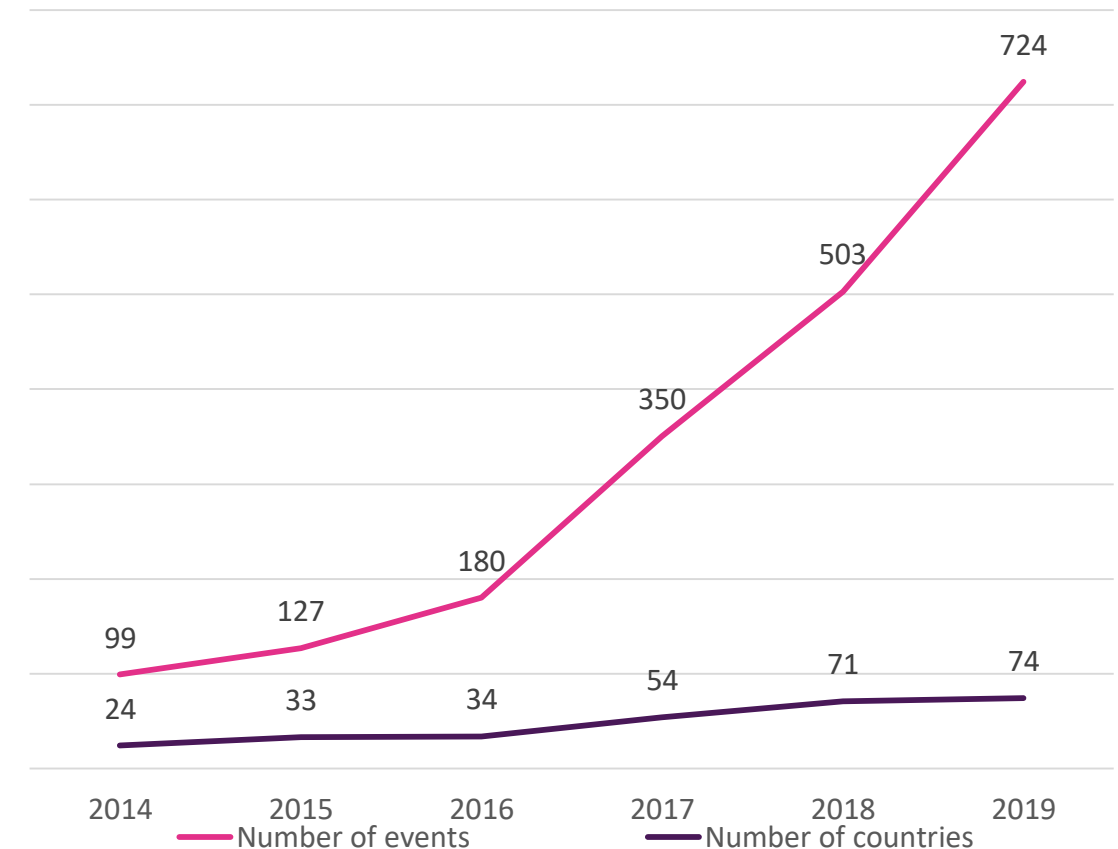
**724 events in 74 countries
(in 2018: 503 events)**

**> 317,000,000 people reached
with positive messages on MHM
(in 2018: 130. Mio.)**

**> 530 partner organisations and
more celebrating MH Day**

Source: WASH United

Number of events globally



Netflix Film @NetflixFilm 18h

Today is Menstrual Hygiene Day. Globally, 2.3 billion people lack access to basic sanitation (via UNICEF). In Period. End of Sentence, director Rayka Zehtabchi follows the Indian women leading a revolution by producing low-cost pads, despite cultural stigma.



INDEPENDENT
WORLD MENSTRUAL HYGIENE DAY
2019: ALTERNATIVE SANITARY
PRODUCTS, FROM PERIOD PANTS TO
MOONCUPS



Ghana: Menstrual Awareness Education Targets Boys As World Marks Menstrual Hygiene Day Today

hindustantimes

Menstrual Hygiene Day
2019: For some, puberty
means no school, early
marriage



Tanzania – National Event



Bangladesh – National workshop



France: Secretaries of State from four ministries attend a high-level meeting in Paris to discuss action on MHM.



Netherlands: SDG6 Ambassador Corrie van Breukel engages party leaders to catalyse action and investment on MHM.

Menstrual Hygiene Day - Global
 Published by Ina Jurga · 11 · Yesterday at 1:38 PM · G

#longread #interview #commitment

Last week we interviewed the Parliamentary State Secretary of the German Federal Ministry for Economic Cooperation and Development (BMZ) / Bundesministerium für wirtschaftliche Zusammenarbeit und Entwicklung (BMZ) Dr. Maria Flachsbarth.

Question from Thorsten Kiefer WASH United: "We are delighted that you are such a strong advocate for menstrual hygiene, Dr. Flachsbarth. Why is the topic so relevant for the Federal Ministry for Economic D... See More



Germany: State Secretary Dr. Flachsbarth (BMZ) commits to mainstreaming MHM into WASH, health and education programmes.



Institutional
arrangements

Coordination progressing but national implementation arrangements limited





Sector
Financing

Financing – stalled progress?





Capacity
development

Capacity development ongoing but at what scale?





Menstrual hygiene management

Frequency	Count
8	1
6	2
4	1
3	3
2	1



The importance of MHM has gained recognition in recent years, and this is reflected in SDG target 6.2 which aims to achieve adequate and equitable sanitation and hygiene for all, paying attention to the specific needs of women and girls. International consultations convened by WHO and UNICEF proposed the following normative definition of MHM:

Women and adolescent girls use hygienic materials to absorb or collect menstrual blood, which can be changed in privacy as often as necessary for the duration of a menstrual period, use soap and water for washing the body as required, and have access to safe and convenient materials to dispose of used materials. They understand the basic facts linked to the menstrual cycle and how to manage it with dignity and without discomfort or fear.

Schools provide an important entry point for raising awareness of MHM, which remains a taboo subject in many societies, and providing materials and facilities so that adolescent girls and female teachers

can manage their periods safely and with dignity. A recent survey of 2,332 adolescent girls in Bangladesh found that just 36% knew about menstruation before starting their period. 40% reported missing school during menstruation, an average of 2.8 days per cycle, and 55% reported being excluded from religious activities at school during menstruation⁵⁰. Girls in Bangladesh were less likely to miss school during menstruation if their schools had usable single-sex toilets. Meanwhile quantitative analysis of EMIS data from over 10,000 schools in Zambia indicate that provision of improved sanitation facilities was correlated with higher female-to-male enrolment ratios and reduced repeated absence and dropout, especially among girls⁵¹.

50 International Centre for Diarrhoeal Diseases Research, Bangladesh, WaterAid and the Ministry of Local Government, Rural Development and Cooperatives, Bangladesh national hygiene baseline survey. WaterAid Bangladesh, Dhaka, 2015. <https://assets.publishing.service.gov.uk/media/57a089906274a31a0000152/Research_Brief_Bangladesh-National-Hygiene-Baseline-Survey_Feb2015.pdf>

51. Agor, D et al. 'Sanitation and water supply in schools and girls' educational progression in Zambia', *Journal of Water, Sanitation and Hygiene for Development*, vol. 8, no. 1, pp 53–61, IWA Publishing, London, 2017. <<http://washdev.iwaponline.com/content/early/2017/11/21/washdev.2017.032>>

Less than half of schools provided MHM education in seven out of 10 regions in Zambia

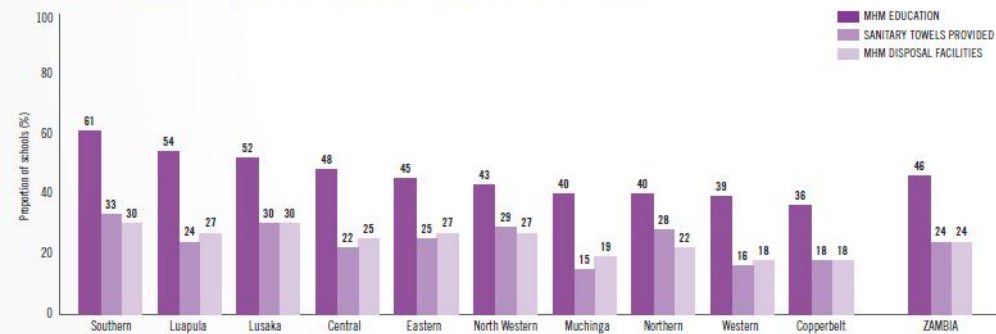


FIGURE 53: Proportion of schools providing MHM education, sanitary towels and disposal facilities, Zambia, 2016 (%)

Who is left behind?





MHM: Health and dignity for all

Thematic Gallery

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- Disabilities
- Humanitarian Settings
- Work Place
- Investment Case
- Education at Scale
- Policy & Advocacy
- Youth & Men Engagement



Thematic Gallery

- **Disabilities:** Naomi Navoce, Pacific Disability Forum + UNICEF, WaterAid, WSSCC
- **Humanitarian Settings:** Ben Smith, UNICEF + AFRIPads, Plan International Germany
- **Work Place:** Aditi Krishna, Iris Group
- **Investment Case:** Gerda Larsson, The Case For Her
- **MHM/Education at Scale:** Bisi Agberemi, UNICEF
- **Policy & Advocacy:** Ina Jurga, WASH United
- **Youth & Men Engagement:** Daniel Karanja, COSEDI



Panel Discussion

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Soma Gosh Moulik,
Practice Manager of Global Solution Unit,
The World Bank

Céline Robert
Deputy Director, Water and Sanitation Division,
Agence Française de Développement (AFD)

Allison Tummon Kamphuis
Global Program Leader, Gender Equality &
Children's Safe Drinking Water, Procter & Gamble

Aradhana Patnaik
Secretary, Drinking Water and Sanitation
Department, Government of Jharkhand, India

Thorsten Kiefer
Director, WASH United

@WorldBankWater @AfD_France
@P&G @WASHUnited @MHDDay28May



MHM: Health and dignity for all

Closing Remarks

Sue Coates

Acting Executive Director
WSSCC

#ItsTimeForAction #InvestInHer



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Resources from the session <https://tinyurl.com/MHMforAll>

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**MH Mingle
at AFRipads
Booth C03**